

THE
MIRROR OF HUMAN NATURE.

Wherein are Exhibited
ANALYTICAL DEFINITIONS
OF THE
NATURAL AND MORAL
Faculties, Affections, and Passions,
WHENCE ALL ACTIONS ORIGINATE.
WITH
Maxims for the Regulation thereof.
TO WHICH IS SUBJOINED,
A SYSTEMATICAL VIEW
OF
HUMAN KNOWLEDGE.


NOSCE TEIPSUM.


L O N D O N,

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P R E F A C E.

THE following pages are compiled from some papers received by the Editor in a correspondence with which he was honoured by a noble Lord, lately deceased; and they are now made public, from a persuasion that every peruser will be much assisted by them in the regulation of his ideas and conduct.

POPE's doctrine, that

“ The proper study of mankind is man,”
is highly interesting and worthy of regard. The nature of man is essentially twofold, corporeal and spiritual or intellectual, fraught with many faculties, affections, and passions. The various constituent parts of his corporeal system have been, by the ingenuity of modern times, accurately investigated, and distinctly defined; but the analysis of his spiritual or intellectual system (whether from the inability, indigestion, or redundancy of writers) is yet enveloped in much obscurity and confusion. No endeavours, therefore, have been wanting to render this investigation at once concise and clear; in which respects, at least, it has doubtless the advantage of all former similar attempts. In short, this publication is designed to be, in respect to the mind, what anatomy and medicine are in respect to the body; that the prejudices and errors

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rors of the first may be discovered and corrected by means of the one, as the irregularities, and disorders of the last are ascertained and remedied by means of the others.

The late Earl of Chesterfield, in his Letters to his Son, not long since published, has, even to a degree of ridiculous hyperbole, inculcated the study and acquisition of personal accomplishments: the *Graces*, the *Graces* (of the body), are his continual thesis, whilst the infinitely more valuable graces of the mind, as if beneath *his own* care, are professedly committed to that of another person. But (happily) the candid part of the world, unwarpd by the influence of politics, are sensible of the error; and it is no small pleasure to the Editor, thus publicly to testify, in honour of his late noble patron, that he *preferred* the beauties and embellishments of the mind to all personal endowments and *graces* whatsoever.

May this principle more and more prevail! and the present little compilation, in some measure, counteract the loose, noxious sentiments interspersed throughout the voluminous publication above-mentioned!

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THE EDITOR.

T H E

MIRROR OF HUMAN NATURE.

C H A P. I.

DEFINITIONS *of the* NATURAL *and*
MORAL FACULTIES; *with the* AF-
FECTIONS *and* PASSIONS.

T H E F A C U L T I E S.

TH E *Soul* of Man is that particle of his nature which is *spiritual* or IMMORTAL; and, when considered in respect to its *animation* of the *body*, is denominated SPIRIT; and, when in respect to its *intellectual powers*, MIND. These powers are, sometimes, in allusion to the various organs or parts in which bodily motion and sensation have their origin, called the *faculties* of the *head* and *heart*, the former of which are natural, the latter moral. In the following pages we have attempted an analysis of them.*

* The paragraphs (in this chapter) immediately following the head-lines distinguished by numerals, exhibit the definitions of the primary faculties, &c. from which flow the inferior, as defined in the paragraphs marked with figures.

B

I. IN-

I. INSTINCT.

That internal and innate principle of action, common to man with inferior animals, by which he is naturally incited or impelled to whatever is necessary for his preservation and support, without waiting the deliberate operations of *Reason*, is called **INSTINCT**.

1. The natural propensities we have, in common with inferior animals, towards such objects as are necessary for the support and nourishment of the body, are called *Appetites*.

II. SENSES.

The sensible Powers, *i. e.* those by which we receive any sensations or impressions independently of the will, are called **SENSES**.

1. Those by which we receive impressions from external objects are called the *five External Senses* of seeing, &c. Those by which we receive such impressions, also, from internal objects, independently of the will, are called *Internal Senses*, viz. the public sense, the moral sense, and the sense of honour.

III. IMAGINATION.

The power of connecting or associating ideas, (whether they are so connected by nature

nature or not), and forming images or pictures of their objects in this united view, so as to represent or bring them nearer to the mind (however seemingly distant), is called *IMAGINATION*; and the mind's persuasion of the reality of their union or connection is called *Opinion*.

1. The joint exercise of the Understanding and Imagination, exploring the region of possibilities, and collecting materials for accomplishing or facilitating some end, otherwise unattainable, is called *Invention*, and the prosecution of such discoveries, *Improvement*.

2. A quick perception rather of the fanciful than real relations of objects, with such an assemblage and representation of them as will best communicate the perception or impression we have to others, is called *Wit*.

3. A superior capacity and disposition for this, arising from nature rather than culture, and peculiarly adapted to some particular objects or studies, is called *Genius*.

4. A nice and quick perception of the qualities that constitute any particular species of beauty or propriety in objects, and a consequent relish for them, is called *Taste*; but too frequent a change of this, or of the objects it has respect to, especially

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cially when fanciful and not real, is *Whim*
or *Caprice*.

IV. MEMORY.

The power of recording, retaining, and recollecting past perceptions and impressions, is called MEMORY. The joint exercise of the Understanding and Memory, in assembling and surveying internal objects or ideas, is called *Reflection*. [See the subjoined view of KNOWLEDGE.]

V. REASON.

The mental faculties in general, by which man is distinguished from inferior animals, and fitted to discover, relish, and pursue a higher good, goes by the name of REASON; this, as it respects particularly the power of discovering truth, and distinguishing it from the contrary, is UNDERSTANDING.

1. The exercise of the Understanding, determining as to the qualities of different actions or objects, after comparing and distinguishing them according to their discovered nature and tendency, is called *Judgment*.

2. This, when applied to our own actions and dispositions, by passing judgment upon them as right or wrong, the objects of approbation, or disapprobation, is called *Conscience*.

3. In

It is a part of the reasoning faculty, the power of reasoning is called wisdom.

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3. In the proper exercise of this, discerning the propriety of actions and characters, distinguishing and preferring them accordingly, consists *Prudence*; and the joint exercise or co-operation of all our faculties, in pursuing the best ends by the best means, constitutes true *Wisdom*.

4. This, when applied to the common affairs of life, and when supposing only a common share of intellect, aided by experience, rather than much culture or refinement, is called *Sagacity* or *Common Sense*.

5. A proper regard to Conscience in our intercourse with others, according to their various relations, and the laws and duties arising from thence, constitutes the cardinal virtue of Justice, in all its different forms of *Equity*, *Honesty*, &c. A regard to character rather than conscience or law, is called *Honour*.

VI. WILL.

The power of chusing or refusing, according to the discovered nature and tendency of objects, is called the *WILL*. The various modifications of the Will, in pursuing good and avoiding evil, are, when calm and sedate, called *Affections*, and, when some animal emotions or perturbations accompany them, *Passions*. By repeated acts or long indulgence of these, they grow into *Habits*; their habitual prevalence, or

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particular combinations of such habits, form particular *Tempers* and *Dispositions*, by which the *Conduct* is regulated; and the general tenor of a man's temper and conduct fixes his *Character*.

VII. SELF-PRESERVATION.

Of all the modifications of the Will, the most universal and inseparable from the soul, and that from which the rest, however numerous or various, take their origin, is the principle of SELF-PRESERVATION, natural to all living, but more especially to all rational creatures; in the former it is governed only by *Instinct*, in the latter likewise by *Reason*. The ministers, or rather auxiliaries, of Reason, are the *Affections* and *Passions*, the force of which is increased as the propensities of Instinct co-operate in pursuing good and avoiding evil. The simplest motions of the mind towards these, are,

VIII. APPROBATION.

When, in the object of our perception, we find any congruity to our ideas of excellence, natural or moral, so as to communicate pleasure, it is reckoned good, and raises APPROBATION.

1. When regard is had partly to the excellency, but more to the uncommonness of the object, there is a pause of reason by
Admiration;

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Admiration; and when regard is had only to the uncommonness or singularity of the object, and no other quality, it is beheld with *Wonder*.

2. An inclination to be more fully acquainted with the object we perceive or admire, is called *Curiosity*; if it appears suddenly or unexpectedly, it raises *Surprise*, which rising high, is *Amazement* or *Astonishment*.

3. When regard is had to the value or excellency of the object we approve, either intellectual or moral, yet without any inclination or propensity towards it, it raises *Esteem*; which is either of *Ourselves* or *Others*.

OTHERS.

i. When the object carries in it an idea of greatness and dignity with superiority, it commands *Awe* and *Reverence*. When it has any thing in it sublime, solemn, or sacred, it raises *Veneration*; and when this has GOD for its object, and is accompanied with acts expressive of it, it is *Worship* or *Adoration*.

ii. A proper degree of esteem and goodwill to others, regulating our deportment to them according to their various conditions and relations, is called *Civility*, *Complaisance*, or *Courtesy*, as modes of *Politeness*; and when the object is superior to us, we regard it with *Deference*, *Respect*, and *Honour*.

OUR-

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OURSELVES.

i. A just sense of our own errors, follies, and weakneses, disposing us to bear with those of others, is called *Humility*.

ii. Generosity and humility, or a just sense both of our worth and our weakness, not affected nor altered by outward circumstances or opinions, produce that equal temper of mind called *Equanimity*.

iii. A noble elevation of mind, arising from a just esteem of ourselves, and sense of our superiority to others, disposing us to do the more good to them, without any view to a return, is called *Generosity*.

iv. When this reasonable self-esteem is accompanied with a contempt of danger, and disposition for enterprize or great exploits, together with a noble independence of mind, it takes the name of *Magnanimity*.

v. When our esteem of ourselves, or opinion of our own rank and merit, is so high as to lessen the regard due to those of others, it is called *Pride*, which is increased by whatever increases this self-esteem, as *Obsequiousness, Flattery, Praise, &c.*

vi. A vain display of any imaginary merit or distinction of our own, in order to gain the attention and regard of others, is *Ostentation*, and when this display is made in imitation of others, as to qualities not material to us nor possessed by us, it is *Affectation*.

vii. Such

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vii. Such an opinion of our own abilities and attainments as makes us regardless of the advice and opinion of others, is called *Self-sufficiency* or *Conceit*; which, when accompanied with a persuasion that others have a high opinion of our merit, is *Vanity*.

viii. When Pride leads us to claim any right or distinction that is not due to us, it takes the name of *Arrogance*; a display of which by outward expressions of disrespect or contempt in our carriage towards others is called *Haughtiness* or *Insolence*.

IX. DISAPPROBATION.

When the object we perceive is incongruous or disagreeable to these ideas, so as to communicate pain, it is reckoned evil, and raises DISAPPROBATION.

I. When the object is considered as worthless or of no value, either in an intellectual or moral sense, yet not such as to merit hatred or aversion, it raises *Disesteem*, which is either of *Ourselves* or of *Others*.

OTHERS.

i. Disesteem of others, carried too far, has the same effect as too high an esteem of ourselves in producing *Pride*; and when this is accompanied with an opinion of their insignificancy or inferiority to us, we regard them with *Contempt*.

ii. Contempt

ii. Contempt rising high, with such expressions of it as may expose to the contempt of others, is called *Derision*, or *Ridicule*; and when the object of our contempt is reckoned far beneath us, it is considered with *Scorn* or *Disdain*.

OURSELVES.

i. Disesteem of ourselves, from an insensibility of our real merit, or the distinction due to us, and over-rating that of others, occasions *Diffidence*.

ii. When this is attended with so low an opinion of our own abilities as may prevent our undertaking or executing what we are capable of, it induces a certain weakness or feebleness of mind called *Pu-
sillanimity*.

iii. When this makes us yield to the undue influence of others, by an implicit, yet voluntary compliance with them, even against our own experience or judgment, it is called *Simplicity*; and a facility hence arising in our assent to the testimony or reliance on the veracity of others, is *Credulity*.

iv. Pusillanimity often following on Pride, and leading to low submissions and artifices, especially if for low ends, is called *Meanness* or *Abjectness*.

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AFFECTIONS AND PASSIONS.

X. LOVE.

When by contemplation of the object, or reflection on its agreeable qualities, our approbation of it is attended with a sensation of pleasure, and some inclination or propensity towards it as good, it is called Love.

1. When we ourselves are the ultimate objects of our Love or regard, it is called *Self-love*; which, when accompanied with certain inordinate propensities towards outward objects, takes the different forms and names here mentioned:

2. Self-love engaging to the immoderate desire and pursuit of fame or distinction, by equalling or excelling others, is called *Emulation*.

3. Self-love engaging to the immoderate desire of any object possessed by another, is called *Covetousness*, or (when wealth is the object) *Avarice*; and, according to the value that appears to be put upon outward goods, our distribution of, or affection towards them, is called *Penury*, *Frugality*, or *Profusion*.

4. Self-love engaging to the immoderate desire and pursuit of power and authority, is called *Ambition*; and ~~insatiable~~ *Ambition*, when armed with absolute power, without goodness, is *Tyranny*.

5. Self-

5. Self-love determining to the immoderate desire and pursuit of sensual pleasure, or whatever gratifies only the outward senses and appetites, is called *Voluptuousness* or *Sensuality*; which takes the different forms and names of *Gluttony*, *Debauchery*, *Luxury*, *Dissoluteness*, &c.

6. Self-love engaging to the pursuit of ease or rest is called *Indolence*; which, when immoderately indulged, so as to induce a certain debility or vacuity of thought, is called *Sluggishness* or *Sloth*.

7. When others are the ultimate objects of it, without regard to their moral qualities, or relation to us, but only their partaking the same common nature with us, and capacity of receiving good from us, Love has the general name of *Benevolence*.

8. If this arises from a natural or habitual disposition of pleasing, or communicating good to others, it is called *Universal Good-Will*, or *Good-Nature*; the display of this to inferiors or dependants, is *Humanity*; and when without regard to their indigence or requital, it is *Beneficence* or *Liberality*.

9. Benevolence to our benefactors, is *Gratitude*; the expressions of it, *Thankfulness* and *Praise*.

10. Benevolence to the injurious, when needing our assistance, is called *Mercy*, *Forgiveness*, or *Clemency*; and, if it hinders

our

This is a general term about the moral virtues

our returning injuries when in our power, *Lenity, Forbearance, or Meekness.*

11. Benevolence to the afflicted, is *Pity* or *Compassion*; when to this is joined a fellow-feeling of their distress, arising either from similar experience or from natural humanity and *Tenderness* of heart, it is called *Sympathy*; and if these dispose us to favour or relieve them, without hopes of a return, *Charity*.

12. When regard is had to their moral qualities, relation to us, and fitness to please or do us good, Love settles into *Complacence*.

13. A natural or habitual complacency of disposition, engaging to associate with others in general, is called *Sociableness*; mutual complacence, intimacy, and equality, together with a conformity of dispositions, virtuous principles and pursuits, constitute that happy union of minds called true *Friendship*.

14. An attachment to particular sects, factions, or opinions, to the prejudice of true piety or patriotism, is *Narrowness of Spirit, or Bigotry*; but when this attachment is regulated by reason and benevolence, it is called *Moderation*.

15. Complacence in a small degree is expressed by *Satisfaction*, in a higher degree by *Delight*; and when regard is had not so much to the qualities of the object,

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as its relation to us, it is called *Kindness* or *Tenderness*; ~~the want of which, where due,~~ is *Unkindness*.

16. When the objects of our love and complacency are such as stand in any natural relation to us, it is called *Natural Affection*; and when our native country and its interests are the objects of it, it is called *Patriotism*.

17. When GOD is the object, an habitual desire of pleasing him, with a disengagement from whatever may lessen our regard and affection towards him, is called *Devotion*; which, mixt with a filial and reverential fear of offending him, is *Godliness* or *Piety*.

18. Zeal for any particular parties or opinions, arising from an apprehension of supernatural influence and incitements to it, and accompanied with an uncommon energy of spirit and elevation of fancy and affection, is called *Enthusiasm*.

19. An uncommon vehemence of temper appearing in our attachment to particular parties or opinions of any kind, and engaging us earnestly to propagate or defend them, and to oppose or suppress the contrary, is called *Zeal*.

XI. H A T R E D.

When by frequent reflection on its disagreeable qualities, our disapprobation of it

it is attended with a disinclination of mind towards it, it is called *HATRED*; its different forms, from disappointing or counter-acting the selfish or public affections, have no distinct names.

1. Evil received or dreaded, raises *Malevolence*; an habitual malevolence, or disposition to displease others, is *Ill-Will*, or *Ill-Nature*; this long continued towards any, and unmerited, is *Malignity* or *Malice*.

2. Any degree of malevolence to our benefactors, or even neglect and undue returns to them, is *Ingratitude*. A malevolent opposition to governors or superiors in the lawful exercise of their authority, is *Rebellion*; and such an opposition to the will of God, or contempt of what relates to him, is *Impiety*.

3. Malevolence to the miserable, is *Inhumanity*; unwillingness to favour or relieve them, is *Uncharitableness*; which, with insensibility, or inattention to their distress, is *Hard-Heartedness*; add insolence to any of these, and it becomes *Barbarity* or *Cruelty*.

4. A wanton cruelty to others, without benefit to ourselves, is *Petulance*; which, when the characters, rather than the persons of others, are attacked, is called *Obloquy*, *Reproach*, and *Scurrility*; this, when softened by some mixture of wit and humour, is *Raillery*, and *Invective*.

5. Evil or injury received, though not further dreaded, raises *Displeasure*, or *Displacency*; the smallest degree of which is called *Dislike*.

6. When hatred is pointed at every thing criminal, without regard to what may extenuate, it is called *Harshness* or *Severity*; and when at innocent pleasures or liberties, without making proper allowances for them, *Moroseness*.

7. When hatred or displeasure rises high on a sudden, from an apprehension of injury received, and perturbation of mind in consequence of it, it is called *Anger*; the first workings of it, *Animosity*; and its effects, *Outrage*.

8. An injury from an inferior is termed an *Indignity*; and the sense of it, *Indignation*; our sense of any injury, *Resentment*; which, with a propensity to injure the offender, without desire of reclaiming him, is *Revenge*; this, when settled into a habit, and refusing reconciliation, is *Spite* and *Rancour*.

9. An habitual proneness to anger, on every little occasion, is called *Fretfulness* or *Peevishness*; this, when silent, is *Sullenness*; when talkative, *Snarling*; and when there is added to it an impatience of contradiction to ourselves, and desire of contradicting others, it is *Frowardness* or *Perverseness*.

10. Anger, rising to a very high degree, and extinguishing humanity, becomes *Fierceness*;

Fierceness; a sudden and immoderate transport of anger, is *Wrath*, *Rage*, and *Fury*.

XII. DESIRE.

When our approbation and love of any object are accompanied with uneasiness in its absence, and pleasure from the apprehension of its approach or attainableness, our affection towards it is called *DESIRE*.

1. Desire, inflamed and continued, is called *Longing*; when much whetted, in view of seizing its object, *Greediness*, or *Avidity*; and when accompanied with much emotion and eagerness, without the deliberation of reason, it is called *Propensity*.

2. Desires after what respects the support of the body, are called *Appetites*; in a proper restraint or moderation of these consists the cardinal virtue of *Temperance*.

3. When regard is not had to the nature and qualities of the object, so much as to its relation or agreeableness to us, we are said to regard it with *Partiality*.

4. A weak motion or tendency of the mind towards the object desired, is called *Inclination*; this, when violent, and such as cannot be rationally accounted for, is called *Impulse*.

XIII. AVERSION.

When our disapprobation and hatred of any object are accompanied with a painful sensation

sensation upon the apprehension of its presence or approach, there follows an inclination to avoid it, called *AVERSION*.

1. Aversion in its weakest degree, or rather the absence of desire, is called *Indifference*; aversion to any object before examination, or without rational grounds for it, is *Prejudice*; and when it arises from previous experience of its disagreeable qualities, it is *Disgust*.

2. Aversion to any object, when we are constrained to choose or comply with it, is called *Reluctance*; a constitutional aversion, immediately upon the perception or apprehension of it, without regard to its qualities or impression on others, is called a *natural Antipathy*.

3. When displeasure and aversion rise very high, especially upon an apprehension of moral evil in the object, it is called *Detestation*, or *Abhorrence*; and when accompanied with fears of the smallest approaches to it, *Horror*.

XIV. H O P E

A mixture of desire and joy agitating the mind, according to the probability there is of accomplishing the end, or obtaining the good desired, is called *HOPE*.

1. Weak or distant hope waiting the success of means, is called *Expectation*; the steady maintenance of hope, even in this

attended with a
probability

this state, when attainment is protracted, and sufferings are in the way to it, forms the virtuous habit of *Patience*; as devout acquiescence, when deprived or disappointed, is *Resignation*.

2. Hope deliberating about the choice of means for obtaining the desired object, is *Hesitation*; hope wavering or fluctuating in or after the use of these means, is called *Suspence*.

3. Desire, especially when mixed with hope, leads us to *Wish*; but while we have more of desire than hope, or even while, by a suspence of judgment and opinion as to any objects of inquiry, the assent of the mind is delayed and unsettled, we are said to *Doubt*.

4. When doubting and suspence become habitual, especially in matters of faith, there follows a kind of vibration or uncertainty of judgment and opinion, called *Scepticism*.

5. When suspence is overcome, and the means fixed, we come to *steadiness* and *Resolution*; this persisted in, especially when the grounds of it are insufficient, is *Obstinacy*, or *Stubbornness*; stubbornness in matters of opinion is called *Dogmatism*.

6. Contempt of danger, in the execution of what is resolved upon, is called *Intrepidity*, *Boldness*, or *Courage*; a display of this in warlike achievements, *Bravery* or *Valour*;

A person may desire or wish to, but without any hope of succeeding

Valour; and an impatient encountering of danger, rather than waiting the use of probable means for averting it, *Precipitation* or *Rashness*.

7. That strength or vigour of mind which appears in a display of courage, firmness, and resolution, when much opposition is to be resisted, distresses supported, difficulties and dangers surmounted, for the attainment of great and valuable ends, constitutes the cardinal virtue of *Fortitude*.

8. Hope, elated from security of success in obtaining its object, is called *Confidence*; but groundless confidence, or security of the end, without the use of proper means, is *Presumption*.

9. Confidence, without modesty, or a security of obtaining any end, without regard to decency and propriety in the means, is called *Impudence*.

10. Self-confidence, accompanied with a pleasing apprehension of self-importance, are essential ingredients of *Vanity*; and a security hence arising of approbation and success, whether groundless or not, gives *Assurance*.

XV. F E A R.

A mixture of aversion and sorrow, decomposing and debilitating the mind, upon the

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the approach or anticipation of evil, is called FEAR.

1. An over-active fear of any event, mixed with perplexity, suspense, and frequent alarms, about every minute circumstance relating to it, is called *Solicitude* or *Anxiety*; which, when immoderately indulged, and the event protracted, grows into *Impatience*.

2. Fear of another's endeavouring secretly to prevent our attainment of the good desired, raises our *Suspicion*; and suspicion of his having obtained, or being likely to obtain it himself, our *Jealousy*.

3. When the probability of the object's approach that is dreaded comes to be increased, the mind gives way to *Despondency*; and when all hopes of averting it are extinguished, it sinks into *Despair*.

4. Fear, mixed with humility, fluctuating in the choice of means, and preventing the necessary reliance on them when used, is called *Irresolution* and *Diffidence*; when this prevents action and use of means, as unavailable, it grows into *Dejection* of *Spirit*.

5. Diffidence of ourselves, accompanied with much delicacy in our sense of whatever is mean, indecent, or dishonourable, and fear of its being done by, or imputed to us, is called *Modesty*.

6. Con-

*namely I conceive to be
the desire of avoiding praise
when due - the other is a negative
representation -*

6. Consciousness of any such thing's being done by, or imputed to, ourselves, or those we are concerned for, occasions *Shame*; and an habitual apprehension of incurring this, arising from an excess of delicacy, and consequent discomposure, is called *Bashfulness*.

7. Fear, flying from danger, rather than encountering, and by the use of proper means averting it, is *Cowardice*; habitual fear of something awful, is called *Dread*; a sudden and unaccountable fit of fear, a *Fright* or *Panic*; which, when excessive, grows into *Terror*.

XVI. JOY.

A pleasing elation of mind, on the actual or assured attainment of good, or deliverance from evil, is called Joy, which is either *Natural* or *Moral*.

NATURAL.

1. Joy, on account of good obtained by others, is expressed by *Congratulation*; and when it arises occasionally from ludicrous or fugitive amusements, in which others share with us, it is called *Merriment* or *Mirth*.

2. Joy arising from a conquest over some considerable opposition, is called *Triumph*; and when accompanied with much ostentation, *Vain-Glory*.

3. When

3. When joy is settled into a habit, or flows from a placid temper of mind, formed to please, and be pleased, it is called *Gaiety*, *Good-Humour*, or *Chearfulness*.

4. Joy, rising high on a sudden, is *Exultation*; and immoderate transports of it, ravishing the soul and raising it as it were above itself, are called *Raptures*, or *Ecstasies*.

MORAL.

1. Well-grounded self-approbation, from a consciousness of our temper and conduct being regulated aright, with respect to God and man, is the foundation of true *Moral Joy*, inward *Peace* and *Serenity* of *Mind*.

2. When this rises high, and is accompanied with a lively sense of the divine favour and approbation, it gives a fore-taste of the celestial felicity, which is expressed by *Glory*.

3. Habitual joy and serenity, arising from the perfection, rectitude, and due subordination of our faculties, and their lively exercise on objects agreeable to them, constitute mental or rational *Happiness*.

XVII. SORROW.

A painful depression of spirit, upon the deprivation of good, or the anticipation or arrival of evil, is called *SORROW*, which is either *Natural* or *Moral*.

NATURAL:

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1. Sorrow increased and continued is called *Grief*; when tossed by hopes and fears, it is *Distraction*; and when these are swallowed up by it, *Despair*; the highest degrees, or rather sensations, of natural sorrow, are called *Agonies*.

2. Grief, when silent and thoughtful, settles into *Pensiveness* or *Sadness*; and when long indulged, so as to prey upon and possess the mind, it becomes habitual, and grows into *Melancholy*.

3. Sorrow in its lowest degree is called *Concern*; and when it arises from the disappointment of our hopes and endeavours, *Vexation*.

MORAL.

1. Sorrow on account of actions or events which might (in our opinion) have been prevented, is called *Regret*; fruitless and inactive complaints of them, *Murmuring* or *Repining*; a change of temper and conduct, *Repentance*; and the humility and sorrow accompanying this, *Contrition*.

2. When it arises from a painful remembrance of criminal actions and pursuits, and is accompanied with self-condemnation and compunction of mind on account of them, it is called *Remorse*.

3. When unavailing remorse rises high, it anticipates the infernal miseries, and is called *Anguish*.

4. Sorrow,

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4. Sorrow, arising from the unmerited sufferings of others, is expressed by *Com-miseration* and *Condolence*; our sense of these sufferings, by *Sympathy* or *Compassion*; and our endeavours to sooth, or alleviate them, by *Consolation*.

5. When our sorrow arises from the happiness of others enjoying a good which we desire, and think we deserve, or when we rejoice on their losing it, it is called *Envy*; when this leads us to rival their merit, by lessening it, rather than by raising our own, it is called *Defamation* and *Detraction*.

If another person has a
good we think we
deserve we are inclined
to flatter the envious
to rejoice at another's
losing a good
in malice.

-D CHAP.

C H A P. II.

OUTWARD INDICATIONS OR
EXPRESSIONS OF THE PLEASING
AFFECTIONS.

JOY may arise not only from what is *present*, but also from what is *past* or *expected*: Good foreseen raises the joy of hope, and to recollect former joys gives some pleasure from the thoughts of our having once possessed them, mingled with pain for their being gone.

Joy appears in a vivacity of spirit, a sparkling eye, a florid smiling countenance, a raised aspect, a pleasant freedom of speech, singing, shouting, exulting, and leaping for gladness. *Joy* and *Love* join upon some tender occasions, and produce *Tears*.

Moral Joy is expressed by a serene and peaceful countenance; a calm pleasure on the face, an universal ease.

HOPE shews itself by an eager stretching out of the arms to receive the good desired, by an intent fixing of the eyes upon the person from whom we expect it, by breathing and panting, a cheerful countenance, earnest wishes, and impatience of possession.

Desire,

HUMAN NATURE. 27

Desire, Hope, and Joy, extend not only to what is *good*, but likewise to what is *advantageous*, or conducive to procure it.

DELIGHT expresses itself in various ways; we gaze upon a pleasing figure or picture, listen to music or discourse, smell to flowers, are intent upon delightful studies, &c.

FONDNESS appears in a thousand nameless airs and expressions of kindness and tenderness, which nature teaches us to understand. Parents love children with fondness and benevolence; children love parents with fondness and veneration; husbands and wives mix fondness and friendship.

GRATITUDE properly respects intelligent beings, and is made up of complacence and benevolence on occasion of good received from another; it is a gentle principle, makes little commotion in our frame, except a sensible pleasure when our benefactor is happy, contriving and endeavouring to make him so.

BENEVOLENCE discovers itself in a pleasing countenance, a soft and smiling air, affability of speech, gentleness of behaviour, and readiness to relieve the oppressed and the miserable.

FRIENDSHIP unites itself to the object, produces a communion of benefits and communication of good offices, and delights in the company, converse, and remembrance of the object.

D 2

HONOUR

*1. fondness and benevolence
children and veneration in the love
they bear to and their parents*

HONOUR and Respect are shewn by expressions of subjection, mixed with love and a desire to please.

ADORATION has GOD *alone* for its object, and requires the mentioning his name always with awe and reverence, bowing the knee before him, prayer, praise, and every outward act of devotion, with a quick resentment of any dishonour done him.

VENERATION of any man appears in a humble and respectful behaviour before him, imitating his excellencies, and resenting any injury offered him.

ADMIRATION shews itself by lifting up the hands or eyes, by an intense fixing of the sight, by stopping the voice, by fixing the person for a time like a statue. Young and ignorant people are most liable to admiration, as well as *Curiosity*; which is a promising mark of improvement, if it does not descend to things mean and trivial.

C H A P. III.

OUTWARD INDICATIONS OR
EXPRESSIONS OF THE PAINFUL
PASSIONS.

SORROW may arise, not only from *present*, but from *past* or *future* evils. Evil foreseen raises sorrow mixed with fear, and remembrance of former sorrow has bitterness and joy.

Sorrow is attended with heavy eye-lids, paleness of the cheeks and lips, affecting solitude, tears, aversion to business, indifference to pleasure, neglect of food and dress, &c.

ENVY is joy or sorrow mixed with malice; it wears a sour and uneasy countenance, has sometimes a malignant smile, with spiteful anger, and perhaps biting jests; it wastes life, and destroys the comforts of it.

Moral Sorrow vents itself in sighs and tears, in tearing the hair and beating the breast, with hollowness of the eyes, self-loathing, self-cursing, and sometimes self-murder.

MODESTY appears in blushes, and is the guard and symptom of innocence.

DIFFIDENCE appears in blushing, paleness, and trembling, confusion of thought,

stopping of the voice, and hesitation of speech.

FEAR appears in paleness of the face, sinking of the spirits, trembling of the voice and limbs, fainting, chiliness, speedy flight.

JEALOUSY is accompanied with a perpetual uneasy watchfulness, ill-will to the object of it, uncharitable thoughts, and misconstruction of his words and actions.

IMPATIENCE, especially when mixed with suspense, about events of importance, appears in an unsettled look, restlessness, walking (as Sallust informs of Catiline) sometimes fast and sometimes slow.

DESPAIR refuses all comfort, is deaf to all advice, neglects all means of relief, often abandons to vice, and sometimes ends in self-murder.

ABHORRENCE is seen in distortion of the countenance, shutting the eyes, stopping the ears, turning away the face, leaving the company.

ANTIPATHY often occasions sweating, paleness, trembling, and fainting.

ANGER sometimes looks pale and wan, but generally rather red and fiery, flames in the eyes, knits or wrinkles the brows, enlarges and heaves the nostrils, ferments the blood, inflames the spirits, swells the body, and sets it in motion towards revenge; in some it is sudden and vehement,
appears

appears and perhaps disappears in a moment, flushes in the face, sparkles or gushes in the eye, stamps with the foot, clinches the fist, awakens the tongue, &c. This may be the case with persons who have much love and goodness in their tempers, and with whom it is soon over. In others its effects are not so rapid; it is silent and sullen, goes from day to day with a gloomy aspect and sour carriage, and is averse to speak to the offender, except in such words as are spiteful.

MALEVOLENCE appears in a frowning or louring countenance, uncharitableness, evil sentiments, hard speeches, cursing, reviling.

CONTEMPT shews itself by turning the back, shrinking up the nose, thrusting out the lip, detision, laughter, &c.

ABJECTNESS appears in awkwardness of behaviour, unreasonable bashfulness, sheepish and downcast looks, unmanly carriage.

PRIDE is discovered by an affected mien or air, a toss of the head, a lofty look, dwelling at a looking-glass, talking much of one's self and family, speaking to equals scornfully, and treating inferiors contemptuously.

The *Vain Man* thinks others have a high opinion of him. The Proud has it of himself. This makes him in *Prosperity* neglect all culture, friendship, and improvement;

for

*X This is a curious effect of
pride I believe it is more
frequently one of vanity*

for want of which, in *Adversity*, he has recourse to low arts for support, and sinks into *Abjectness*. Thus (says Swift) Men climb in the same posture that they creep. *Affectation* differs from *Hypocrisy*, in that the latter is a false shew of *Qualities proper* for us to have, and the former of such as are either *improper* or *indifferent*: When this has respect to *Learning*, it is called *Pedantry*; and when to outward *Ornaments*, or *Accomplishments*, it distinguishes the characters of *Coxcombs* and *Coquettes*.

Thus much with respect to the outward *Indications* of the *Passions*.—As to the *Rationale* of all these, or the commotions of the *Nerves*, and ferments of the blood and spirits, which are either the *Causes* or *Effects* of them, according as the *Mind* or *Body* is first operated upon, it is a subject of *physical* rather than of *moral* inquiry.—Descartes has exercised his ingenuity upon it; and Dr. White, of Edinburgh, in his excellent treatise on nervous disorders, has given all the account of it that can be expected, which, however *solid*, he does not pretend to be *satisfying*.

C H A P. IV.

MAXIMS FOR REGULATING THE
NATURAL FACULTIES, viz.UNDERSTANDING, IMAGINA-
TION, MEMORY, &c.

I. **T**HE particular province of the UNDERSTANDING is the discovery of *Truth*, and the proper conduct of it, in order to this, may be reduced to the following Rules :

1. Be ready to receive information from every man, but think and judge for yourself. Be also ready to give information to others.

2. Wish not any opinion to be true, till you find it to be so ; and when you do, let your opinion be steady, and be ready to support it.

3. Endeavour to understand your own business or calling, whatever it is, and to *reason* aright with respect to it.

4. Let not your *Judgment* be determined by your *Passion*, *Interest*, *Prejudice*, &c. nor by the *Character* and *Reputation* of others, for these cannot alter the *Nature* of things, which should always be consulted.

5. Let

5. Let not your *Opinion* be fixed without a *Foundation* for it, nor your *Assent* go beyond your *Evidence*. But refuse not assent where due.

6. Beware of mistaking *Words* for *Ideas*, knowlege being only a perception of the relation of your own ideas, and not the words or ideas of others.

7. Let not your understanding be fettered by *One Set of Thoughts*, nor distracted by *many*, but free to turn itself to any object, and give it the attention necessary, with a view to your main purpose, and no more.

8. Consider the nature and manner of proof any question is capable of, and take not up your time and thoughts with any other.

9. Approach the most difficult parts of knowledge by *Degrees*, but despair not of mastering them, and do not confound *Difficulties* with *Impossibilities*; for the force of the understanding, in a constant, steady, and regular Application, is greater than itself thinks.

10. The art of reasoning consists in having *clear and distinct Ideas* of the *Things* considered, and examining every question or argument till you find the *precise Point* on which it turns, and by which you are to determine with respect to it; this will save much unnecessary labour.

11. *Thought*

II. *Thought* is the *Action* of the *Mind*, and inseparable from it, so that it must have vain and idle thoughts, if it is not replenished with such as are useful and important; the former grow spontaneously, the latter require culture.

II. The province of the IMAGINATION or FANCY being to bring objects nearer to the mind by proper images or representations of them, the strength of the *Passions* and their government depend in a particular manner upon it, and it is to be corrected and regulated,

1. By preventing undue associations of moral and *amiable* qualities with *vicious* habits and pursuits, so as to lessen their natural deformity.

2. By preventing such strong impressions from *present* objects, as may hinder our attention to such as are *absent* or remote; but a *sterility* of imagination is incurable, though not inconsistent with soundness of understanding.

III. The office of CONSCIENCE being to judge of the *Morality* of actions, as *right* or *wrong*, it must be properly informed, and its authority maintained; hence it was called, by the ancient moralists, τὸ ἠγεμονικόν, or the authoritative principle.—Its *first* dic-
tates

tates or suggestions are always the most uncorrupted, so far as it is informed.

IV. MEMORY is but little concerned in the morality of actions; it is improved by contemplation, attention, reflection, repetition, order, and method; but still more by whatever annexes the ideas of *Pleasure* and *Pain* to its objects. A soldier never forgets his wounds nor his victories. The art of *forgetting* is, however, sometimes of as great moral importance, and as necessary to happiness, as that of *remembering*, and may be understood from what was said of the latter, as being the reverse of it. Memory and imagination depend much on the bodily temperament.

V. The propensities of INSTINCT, and solicitations of APPETITE, do generally require being restrained rather than increased or provoked;—and that command of them which is necessary to happiness, requires that this restraint be soon begun, and habitually practised;—and that the incentives to them be avoided.

CHAP. V.

REGULATION OF THE MORAL
POWERS, viz.THE DISPOSITIONS OF THE HEART
AND WILL, THE AFFECTIONS
AND PASSIONS.

THE office of the WILL being to prefer and reject, according as objects appear good or evil, the proper management of it lies in regulating its choice by the dictates of *Reason* and *Conscience* in what is *pursued*, and acquiescence in the appointments of *Providence* as to what is *attained*.

The AFFECTIONS and PASSIONS proceed from the HEART (morally considered); and being so many different modifications of the WILL, in the choice and pursuit of good, it is necessary to consider in general, 1. their nature; 2. their division; 3. their end and effects; 4. their government.

I. As to their NATURE, the *Passions* are sensible commotions of our whole frame, both soul and body, which are felt upon the perception of an object according to some special properties belonging to it; and an object fit to excite them must be

E supposed

supposed either rare and uncommon, good and agreeable, or evil and disagreeable.

II. The *DIVISION* of the *Passions* is into pleasing and painful, offensive and defensive, private and public, primary and secondary.

III. Their *END* and *EFFECTS* are as follow :—

1. They are not designed to guide us, in determining as to *Truth* and *Falshood*, *Good* and *Evil*—This is the province of reason; and it is only the weakness of reason which in these cases leads us to take shelter in passion, but which is increased by thus yielding its own natural province.

2. Every *Passion* confines us to one side of a question, and fixes the Mind on that property of its object which raised it.

3. They *magnify* or *diminish* their objects. *Anger* makes the offence appear more heinous—*Fear* the danger more formidable—*Fear* and *Cowardice* turn mole-hills into mountains—*Courage* levels mountains into mole-hills—*Joy* shortens time—*Sorrow* makes it tedious.

4. They *awaken* the powers of the mind, and *rouse* the animal spirits, to prevent what is hurtful, and procure what is useful, for the body.

5. When

5. When we have judged what is good or evil, they *quicken* us to pursue and avoid it more than calm reason would do.

6. They *fix* the natural spirits and the thoughts strongly on the objects that excite them, by magnifying their importance.

7. They are suited to our condition in this life, as a *State of Trial*, by giving an opportunity of evidencing which of the two we will hearken to, and obey,—*Reason* or *Passion*.

8. The *painful Passions* (in a due degree) are suited to our present state:—*Fear* keeps us watchful; *Anger* keeps us from insults; *Shame* and *Sorrow* tend to make us renounce our follies, and seek relief from our weaknesses and distresses. It is the extremes of all these that hurt us.

9. The *pleasing Affections* of *Love*, *Hope*, and *Joy*, make our troubles more sufferable, and our duties more easy and agreeable.

IV. The GOVERNMENT of the *Passions* in general consists in having the *defensive Passions* proportioned to our dangers; the *private Passions* proportioned to our wants; and the *public Affections* to the wants, dangers, and relations of others;—but more particularly that government of the passions necessary to our present and future happiness consists,

40 THE MIRROR OF

1. In preventing and subduing the *inordinate* ones.

2. In exciting the *useful* ones to a just degree upon proper occasions.

3. In suppressing or withholding them from improper objects.

4. In *moderating* them when too high and impetuous.

5. In *balancing* them against one another, the painful and pleasing, the selfish and public, &c.

6. In *restraining* the defensive Passions, and *eradicating* the unnatural.

But, as the regulation of the passions is a subject of so much delicacy and importance, more particular rules and directions for it are subjoined.

Study to have the absolute command of your *natural Appetites*.

Cherish an habitual *Benevolence* to mankind.

Let not your passions determine your *Opinions* of persons or things.

Guard against the passions to which you are liable by your *Constitution, Temper, Age, Station, Outward Circumstances, &c.*

Guard against their first *Motions*, and the *Incentives* to them, as company, occurrences, &c.

Indulge not the *painful* passions, lest they grow into a habit or temper.

Encourage

Encourage the *kindly* ones in a due degree.

Form your judgment of persons and things when you are calm, sedate, and free from the influence of any passion.

Abate one passion by stirring up another, as the fear of *Man* by the fear of God.

To get the command of your *Passions*, you must have the command of your *Thoughts*, which, though not easy, is by practice attainable.

It will be of great consequence to you, in the conduct of your affairs in life, to cultivate an *habitual superiority of Reason to Passion*, and to have no *particular Humour* of your own to gratify, that so your mind may be always steady, composed, and master of itself.

Enlarge your acquaintance with persons and things, and confine your *Admiration* to objects worthy of it.

Accustom yourself to distinguish accurately between *Truth* and *Error*, *Good* and *Evil*, and guard against the prejudices of education, company, &c. yourself making allowance for those of others.

Call yourself to account for every unruly fit of passion, how it discomposes your spirit, disturbs your quiet, ruffles your temper, breaks your peace, indisposes for duty, and unfits for death.

C H A P. VI.

OF THE ABUSE OF THE FACULTIES
AND PASSIONS.

THEIR Uses and various offices appear from the Descriptions already given of them; their ABUSE therefore consists more generally, in being debased to *Objects* unworthy of them, or employed for *Ends* contrary to those for which they were given us. Thus it is an *Abuse* of *Reason* and *Understanding*, to employ them, not in the discovery of *Truth*, but in the propagation of *Error*; not in directing us to what is *Right*, but confirming or justifying us in what is *Wrong*; not in *informing* others, but *misleading* them: It is an *Abuse* and debasement of these *superior* faculties to make them only subservient to the *inferior*, or employ them chiefly in procuring the gratifications of sense and appetite, enjoyments which we have in common with the brutes; but it is a corruption of them still greater to employ them in promoting such ends, and gratifying such passions, as are *criminal* or guilty; the best laid schemes for these purposes, and greatest sagacity in contriving means for accomplishing them, are the grossest corruptions of the most distinguishing blessings of heaven.

The

HUMAN NATURE. 43

The *Imagination* is *abused* and misimproved, when employed chiefly in making false associations of ideas not connected by nature, and giving false representations of vice, for engaging us to the pursuit of it; also, when employed more about what is present than about what is future and of higher importance, more in administering to sense, appetite, and passion, than in correcting them.

The *Will* is abused, when enslaved by these inferior principles, in every choice it makes; and all the other faculties mentioned, such as *Invention*, *Memory*, *Reflection*, *Wit*, *Genius*, &c. are *abused* and perverted, when (instead of being employed in improving ourselves or others, in the way most conducive to present or future happiness) they either lie uncultivated, or are made subservient to the purposes of *Vice*, *Vanity*, and *Folly*; nay, the very *Senses* and *Appetites* themselves may be *abused* by such an immoderate and injudicious gratification of them as impairs their relish and exercise. But one great source of all these abuses, and which therefore requires the being more particularly pointed out, is the abuse of the *Passions*; by which, though in themselves useful, they become mischievous and hurtful. In what cases this takes place, both as to the *Passions* in general,

ral, and some of them in *particular*, may be seen from the following observations :

1. It is an *Abuse* of our *Passions*, not so uncommon as it is enormous and impious, to indulge and justify them so far in ourselves, as to ascribe them to GOD, by imagining his goodness to be a kind of softness and tenderness, his justice a rigour and severity, his displeasure a transport of anger, and that he is always pleased or offended when we are so, and manifests it in the same manner ; this is making the *infinitely perfect* BEING like ourselves, interesting him even in our unjustifiable animosities, (as the Heathens did their local Deities) and bringing in his authority to give a sanction to our corruptions.

2. It is another great *Abuse* of our *Passions*, when they are cool and languid in matters of great importance as to duty or interest, and yet warmly engaged about such as are trivial or temporary, about many unhappy disputes by which different sects and parties are distinguished.

3. It is also an *Abuse* of the *Passions*, or rather giving them a place which is not due to them, when the whole, or greatest part of religion is placed in animal emotions, or in those fervors of affection, which, though highly commendable when well founded, ought not to be put in the place
of

of knowledge, judgment, and an uniform spring of faith and holiness.

4. From this arises one *Abuse* more of the *Passions* in general, and that is, when they are addressed or practised upon by popular orators or declaimers, not in religious matters only, but likewise in civil and political, without first informing the judgment; this is making the passions judges of truth, or guides to it, an office which does not belong to them.

Besides the *Corruptions* or misapplications of the *Passions* in general, there are various *Abuses* of some of them in particular, which deserve to be taken notice of, and which may be mentioned in the order in which those passions, whose abuse is most remarkable, are above delineated.

1. To begin, therefore, with *Approbation* and *Disapprobation*, the first and simplest of all affections, and but very little removed from mere perceptions. They are *abused*, not only when misplaced, from an error in judgment, or withheld where due, but likewise when so injudicious and immoderate, that, without attending to the mixture of good and bad qualities in their several objects, the one is carried to *Admiration*, and the other issues in *Contempt*: *Admiration* oftentimes confounds the *Marvellous* with the *Miraculous*, and *Contempt* mistakes *Mediocrity* for *Meanness*.

2. CURIOSITY

2. CURIOSITY is a powerful incentive to study and application ; but it is abused, both by descending too low, and by soaring too high.

3. HUMILITY is commendable, and PRIDE culpable, according as they arise from a true or false estimate of our own merit and abilities. The latter is one of the most universal passions ; but so much an enemy to happiness and virtue, that it is generally understood in a bad sense : To restrain it, consider in what respect your *Original* and *End* are like those of others ; that your present vain *Distinctions* will not follow you ; that your fancied advantages above others are not of your own procuring ; and what are they ? If riches, beauty, youth, strength, fame, are they not all perishing and changeable, and often given to the worst of men ? Your birth you have from your ancestors ; your knowledge is shallow, if it puffs you up : When the thoughts of any excellencies do this, think on your *frailties* and *follies* ; consider that *Pride* lays a foundation for much uneasiness, many affronts, &c. and that it has been the occasion of much mischief in all ages.

4. It is an *abuse* of our *Love* and *Esteem* to carry them so far as blindly to adopt the opinions, approve the practices, and imitate the weaknesses, of those on whom we place

place them, without any distinction of what in them deserves such a degree of regard, and what does not. *Hatred* and *Disesteem* are liable to the same *Abuses*, when no such distinction is made, and likewise when hatred of *principles* or *practices* arises to hatred of the *persons* of others, when every difference of *opinion* creates difference of *affection*, and *hatred* rises to *inhumanity* and *cruelty*.

5. ANGER is lawful so far as necessary for repelling injuries, and securing against them; but not when it goes farther—when it grows habitual—silences reason—mistakes harm for injury, and refuses to be undeceived or reconciled.

6. *Zeal*, though in some sense a modification of love, yet, when indulged in an irascible Temper, and not regulated by reason and benevolence, it has the same effects with anger; and this *abuse* of it is so common, that it is often understood in a bad sense, as if void of restraint, and not supported by knowledge and judgment. *Zeal* extends to parties and opinions of every kind, as well as those of a religious nature; and the same may be said of *Enthusiasm*; for as it is very commonly used to express any impulse or fervor not sufficiently warranted by reason, or overpowering it, be the subject and occasion what they will, it may be said there is a *poetical*
and

and *political enthusiasm*, as well as a *religious* one, though the last be most noticeable, as being, in respect of its subject, most nearly allied to those supernatural aids or influences which it lays claim to.

7. What was said of *Zeal* and *Enthusiasm*, as being applicable to *other subjects* as well as *Religion*, may also be said of *Bigotry*, or narrowness of spirit; it has respect to parties, factions, or opinions, of any kind, by which the benevolent affections are contracted, and which even national and social attachments will not justify; so that *Patriotism* itself, *natural Affection*, and *Friendship*, amiable as they are in their proper meaning and extent, may yet be said to be *abused*, when they suppress the benevolent regard due to other nations, families, and societies.

8. The Christian revelation does not (as infidels alledge) exclude *Friendship*, but enlarges, exemplifies, and exalts it. *Charity*, in Scripture, expresses *universal Good-will* and *Benevolence*, which is of all our affections the least liable to be *abused*; though indeed *Compassion* may, if not conformable to justice; and *Complacence*, if bestowed where only *Benevolence* is due.

9. *Charity*, in common language, supposes *indigence* of the object; *Liberality* does not. *Generosity* is often used for *Liberality*, but we have taken it in a larger sense.

sense.—Though increasing the *outward property* of others may diminish our own, yet as to true happiness it is otherwise; so that SELF-LOVE is *abused* when it counteracts *Benevolence*, and *Emulation* when it degenerates into *Envy*; *Desire*, when its object is not *attainable*, and *Aversion* when it is not *avoidable*. By a proper mixture of hope and fear, the balance of the mind is maintained; but when this is wanting, the former rises to presumption, and the latter sinks into despair. For creatures surrounded with dangers, *Fear* is necessary; but it often needs to be abated, where outward dangers are the objects of it: in order to this, make sure your interest in the divine favour and protection; put not too great a value on this life and its advantages; let your treasure be in heaven; fear nothing but guilt; think on former fears that were groundless; and what must be encountered, endeavour to be prepared for, supposing it to be the worst.—*Modesty abused* degenerates into *Timidity*, *Mirth* into *Levity*, *Ridicule* often leads to *Reproach*, and *Gaiety* to *Diffipation*.

Joy *abuses* when it intoxicates, and SORROW when it clouds and preys upon the soul; but when they are properly mixed and moderated, they become means of forming the temper to virtue and happiness.—It was fit that creatures liable to

F

Sin,

How applicable this is to my present
situation.

Sin, and its effects, should be liable to *Sorrow*, for alarming and reclaiming them; but it may arise from other causes not justifiable, and exceed the due degree: Its excesses are moderated or prevented, by moderating *hope* and *desire*, by contemplating the divine government, and believing it *all-wise* and *good*; what is most for your *good* may possibly be what you *lament*, tho' you thereby bring on yourself a real *evil* for the time; compare your *miseries* with your *sins*, or with the *afflictions* of others, and consider that *Death* will soon put a period to them, and that *Heaven* can amply compensate them.

*These arguments
are a real balm
and comfort -*

C H A P. VII.

MOTIVES AND CAUTIONS RESPECT-
ING THE GOVERNMENT OF
THE PASSIONS.

MOTIVES.

THOUGH the *Passions* are so called because of the mind's being in some measure *passive* while under their influence and prevalence, yet it would be a discouragement to moral discipline, to suppose (with Lord Bacon, Kaimes, &c.) that it is intirely so; the noted instance of Socrates, and many others, nay, every man's experience of his abilities for self-government, when he has some favourite ends in view, will prove the contrary.—The mind is indeed more passive the longer it continues under such influence, so that the struggle with passion may be hard if it has long reigned without controul; but the chief difficulty lies in first attempting it: for engaging, therefore, to begin and maintain it, the following MOTIVES are suggested:

1. Much less pains than are necessary to gratify any wrong passion, would often be sufficient to conquer it.

2. Every new victory makes the conflict easier: it cannot last long; and when any ground is gained, it were shameful to retreat.

3. If your passions are not under command, it is hard to say how far they may carry you.

4. There is no *Pleasure* more refined and lasting than what arises from the consciousness of having subdued any wrong passion, or denied it any undue and criminal gratification.

5. Such gratification, however *pleasing* in the time, can never compensate the inward *Remorse* and other ruinous consequences that follow it: So that

6. No man ever did a designed injury to another, without doing thereby a greater to himself.

Can we well say any of these

CAUTIONS.

1. Beware of mistaking *Natural Dispositions* for *Virtuous Affections*, though they lay a foundation for their culture, and make the neglect of them more inexcusable when counteracted: thus *Good-Nature* lays a foundation for *Benevolence*, natural *Courage* for the virtue of *Fortitude*, *Sagacity* for *Prudence*, &c.

2. Beware of mistaking the *Change* of passions for the *Conquest* of them; as when the passions of *Youth* are exchanged for those

those of *Age*, the passions of *Poverty* for those of *affluence* and *Plenty*, &c.

3. Beware of *sporting* with your own *Passions*, or those of others, by raising them wantonly, alternately, or abruptly.

4. Beware of *Action* while *Passion* has the mastery.

5. Beware of *Suspence* when *Resolution* is necessary, and of diffidence where action; there are cases where doubt or deliberation is dishonesty, and where the first thought is best.

6. Beware of your *ruling passion*, which may be known by its being most the subject of your thoughts, designs, delight, &c. and by intruding unseasonably, though sometimes it may yield to the occasional transports of another passion.

7. Beware of passions in disguise, from a confusion of names and ideas: thus *Avarice* would be taken for *Frugality*, the profusion of *Vanity* and *Ambition* for *Generosity*, excessive *Sorrow* for *Affection* to a friend, *Pride* or *Anger* for greatness of *Spirit*, and passionate *Resentment* for a sense of Honour. *Hatred* sometimes operates under the mask of *Love*, as in the case of persecution.

8. Think not the conquest of any *one passion* enough: *Self-government* (though thus facilitated) must be complete before it can be comfortable.

CHAP. VIII.

GENERAL OBSERVATIONS
ON THE MENTAL SYSTEM,

WITH

REMARKABLE CHARACTERS
AND PROPERTIES OF THE
AFFECTIONS AND PASSIONS.

THOUGH, for the clearer conception and description of the *Mental Powers*, it be necessary to examine them separately and analytically, yet care must be taken that they are not looked upon as so many *distinct Agents* in the mind, which is always to be considered as one simple indivisible principle, operating or exerting itself in all these different ways. It seems to be for want of attention to this, that some disputes have arisen among Moralists (whom, of all men, they are the most unbecoming) about the freedom of the *Will* when determined by the judgment of the *Understanding*; also, whether it is by *Reason*, *Conscience*, or a *Moral Sense*, that moral qualities are perceived; and the like questions; for which see the inestimable writings of Mr. Locke, Butler, Hucheson, Price, &c. What deserves our attention more in this case, is, that,

I. As

I. As from the contemplation of man's bodily structure, there are so many proofs of the wisdom and goodness of our adorable CREATOR, we have still more from an attentive view of this *moral Anatomy* of the human Mind. Thus we see principles of action, seemingly opposite, placed so as to balance one another, like the antagonist muscles of the body, either of which separately would occasion distortion, yet jointly form an admirable system or composition, but such as must be owned to bear the marks of depravity and departure from its original state; and if even the ruins of this be so admirable, what may we suppose it to have been in all its primæval innocence and excellence, though still short of that to which we may expect, by the divine goodness, it shall be advanced through the revolving periods of immortality. To prevent, however, any presumptuous hope of being thus advanced indiscriminately, and to animate our ambition and endeavours after it, amidst the tumults of Passion, the allurements of Sense, and the stimulations of Appetite, which we may at different times be obliged to encounter, it will be always necessary to remember, that this life is a field of combat, betwixt *Reason* and *Passion*, as it is betwixt *Faith* and *Sense*, betwixt the brutal and angelical parts of our nature; that by such an opposition of principles

principles within us, our obedience and virtue are put to the trial, and that the consequences shall be accordingly immortal honour or disgrace.

2. Another evidence of divine wisdom in the moral fabric, similar to that in the natural, is, that as in our outward structure, though there be an uniformity or resemblance in the essential parts or organs necessary to life, yet there is a variety or difference of voice and features necessary to distinguish one from another; even so, as to the inward constitution, though there be an uniformity in respect of those passions and dispositions necessary for the preservation and defence of the whole, or individuals, as love of children, country, reputation, &c. yet there is a variety leading to different objects, studies, and pursuits, where the general good requires it, as in the pursuits of knowledge, fame, power, &c. and the difference of characters as to softness and severity, action and contemplation, &c.

3. Where the PASSIONS are naturally *strong* and impetuous, there is originally a proportionable strength or vigour of *Reason* to check and controul them, if properly exercised and improved for this purpose; but, if otherwise, the strength of Reason will diminish, while that of Passion increases, as Instinct co-operates with it:
hence.

hence it is that we often see *Love of Life and of Riches* grow stronger with years, when they ought in reason to grow weaker, if proper culture and discipline had been used. This is one of the many evidences that *Weakness of Passion* does not always argue or arise from *Weakness of Mind*, but the contrary.

4. The PASSIONS are CONTAGIOUS; we are ready to give way to them when we see others do so, or when we have lively representations made to us of whatever gave an acute perception to others. Hence it is that poets and orators display the designs, hopes, views, and attachments, of those in whose favour they would wish to interest us, as in the stories of Pallas and Camilla, Nisus and Euryalus; but any representations, either in the epic or dramatic way, are blameable, that tend to raise affections and passions which ought to be suppressed, as distrust of Providence, or approbation of vice, by representing it as most commonly successful, varnishing it over with false colours to deceive the imagination, or blending it injudiciously with many engaging qualities in the same character.

5. PASSIONS depend much upon *Opinions*: thus the opinion of another's power and inclination to hurt us raises our Anger; that of another's undeserved misery, our Pity,

Pity, &c. They also depend upon the associations of ideas by the Fancy, and happiness is influenced accordingly; so that there is no knowing a man's happiness or unhappiness, unless we knew his opinions, associations, and passions thereupon.

6. The PASSIONS, when immoderate, *counteract* and disappoint themselves: thus the rage of the cholic man makes him unguarded and impotent; the ardour of the lover makes him more awkward and ungraceful; the timidity of the coward magnifies the danger, and makes him less able to avoid it; the insatiableness of the covetous man mars his credit; and the profusion of the vain and ambitious often leaves him in poverty and ignominy, the evils most dreaded by him.

7. The PASSIONS JUSTIFY themselves, as may be observed where Fear, Anger, Love, Ambition, &c. prevail: however unreasonable we think the passions of others, we are apt to think our own justifiable while we are under their influence, until, by Reason's resuming its authority, we come to view them through the same temperate medium that we do those of others.

8. The PASSIONS are not to be raised or suppressed by a *direct* or positive act of the *Will*, but in an *indirect* manner, by getting our attention turned to the *Qualities*

OR

or *Properties* of any object that tends either to excite or abate them : hence it is that the same object often excites love or hatred, desire or aversion, in the same or different persons, according to the views taken of it, and apprehensions of its real or imaginary qualities.

Sorrow has been often prevented or moderated, in this indirect manner, by whatever employs the time or thoughts otherwise, and by such considerations as excite *Hope* or *Fear*,—*Fear*, by consideration of character, safety, and necessity, diverting it to another object, and thus making it *counteract* itself,—as also by whatever exercises *Hope* or *Anger* ; and there is no passion whatsoever but may be prevented, excited, or moderated, by such considerations as diminish or magnify the importance of the objects, and by gaining time to vary their direction, as *Cæsar* did by smothering his anger till he had counted the Roman alphabet. The government of the *tongue*, and guarding the avenues of *sense*, will also be found a great step towards the government of the passions, to which the power of *moderating* them is more necessary than the art of *raising* them. It is the selfish passions, not the social, that need most restraint.

9. We cannot determine how far any passion may influence a man's conduct,
from

from knowing the *Degree* of it, unless we also know what *Proportion* it bears to his judgment or experience, and to the other principles or passions that influence him. There is no man but has all of them in some degree, but they are naturally stronger in some and weaker in others, and differ in the same person in different ages and circumstances; so that it is this proportion which determines how far any one of them, as *Compassion*, *Benevolence*, *Devotion*, &c. is in a due degree, by being superior to malevolent or selfish principles which balance them.

10. There is no passion that sways *Individuals*, to which *Nations* and *Communities* are not subject, if the means of propagating or diffusing them become general; from hence proceed the different *Characters* and tempers which have been ascribed to different *Nations*, to which the natural causes of climate, diet, air, &c. as well as the moral ones of education, laws, religion, &c. may have contributed.

10. *Appetites* and *Antipathies* have no regard to *Good* or *Evil* in their objects; but the *Passions* have, and their effects are to magnify their good and evil, and thereby quicken our other powers in the pursuit of them.—Love is, by way of eminence, sometimes called *Affection*; and Anger, *Passion*.

A
SYSTEMATICAL VIEW
OF
HUMAN KNOWLEDGE:

COMPREHENDING

MEMORY, REASON, IMAGINATION.

I. From MEMORY proceeds
SACRED (or the History of Prophecies),
ECCLESIASTICAL, CIVIL, ANCIENT,
MODERN, and NATURAL HISTORY.

1. *Sacred and Ecclesiastical History* relates to
Divine Revelation, Religious Duties,
and Church Institutions, &c.

2. *Civil, Ancient, and Modern History*, com-
prizing political and literary
history, consists of

Memoirs, Antiquities, and Complete History.

3. *Natural History* relates to
Uniformity of Nature, as well in regard
to the Heavens, as to

Meteors, Earth and Sea, Minerals, Vege-
tables, Animals, and the Elements.

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Natural

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Natural History relates also to

Aberration of Nature in Celestial Prodigies,
strange Meteors, Prodigies on the Earth
and Sea, monstrous Minerals, monstrous
Vegetables, monstrous Animals, and
Prodigies in the Elements.

Likewise *Natural History* comprehends

The application of Nature in Arts, Trade,
and Manufactures;—in the working and
application of Gold and Silver by Assayers,
Coiners, Gold-Beaters, Gold-Wire-Daw-
ers, Goldsmiths, Refiners, &c. &c.—
in the managing of Precious Stones by
Lapidaries, Diamond-Cutters, Jewellers,
&c. &c.—in working of Iron and Copper
by Forging, Foundery, Anchor-Smithery,
Armoury, &c. &c.—in making and work-
ing Glass by Glass-Blowers, Looking-glass-
Makers, Spectacle-Makers, &c. &c.—in
curing and working Skins by Tanners,
Curriers, Shamoisers, Glovers, &c. &c.—
in working in Stone and Plaster, &c. in
Architecture, Sculpture, Masonry, &c.
&c.—in manufacturing Silk by Spinning,
Throwing, Weaving, as of Velvet, &c.
&c.—in manufacturing Wool, in Cloths,
Hosiery, &c. &c.

II. REASON

II. R E A S O N

Is the Origin of PHILOSOPHY,

which comprehends

General METAPHYSICS or Ontology, the
SCIENCE of GOD, the SCIENCE of MAN,
and the SCIENCE of NATURE.

1. *Metaphysics*, on which all the Sciences have their dependance.
2. The *Science of God* comprehends Natural Theology, Revealed Theology, the Science of Spirits, all which produce Religion.
3. The *Science of Man* comprehends Pneumatology, or the Science of the Soul : —with the Art of Thinking, whence proceed Apprehension, or the Science of Ideas ; Judgment, or the Science of Propositions ; Reasoning, or Induction ; and Method, from which arises Demonstration, with Analysis and Synthesis.

The Science of Man comprehends also Logic, with the Art of Retention : whence arises Memory, both Natural and Artificial, together with Helps to Memory, by Alphabet and Cypher, giving origin to
G 2 Writing,

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Writing, Printing, Reading, and Decyphering, comprehending Orthography. From Logic also issues the Art of Communication, by the Science of Instruments in Discourse, viz. Grammar; whence result Signs in Gesture or Character, Prosody, Construction, Syntax, Philology, and Criticism: also from the Art of Communication proceeds the Science of Qualities in Discourse, by Rhetoric and Versification.

Moreover, from the Science of Man issues Morality, general and particular: from the former proceeds the Science of Good and Evil in general; from the latter, arises the Science of Laws, or Jurisprudence, whether Natural, Œconomical, or Commercial, in general.

4. *The Science of Nature* comprehends Metaphysics of Bodies,—their Impenetrability, Extension, Motion, Vacuum, &c. &c.

This Science comprehends also Mathematics: — 1. Pure, whence issue Arithmetic, both Numerical and Algebraical, whether Elementary, or Infinitesimal and Fluxionary; and also Pure Geometry, both Elementary, in regard to Fortification, Tactics, and Navigation, and Transiental, as to the Doctrine of Curves.—2. Mixed Mathematics, divided into Mechanics, whether

whether Statics, Hydrostatics, or Hydraulics; into Geometrical Astronomy, from whence issues Cosmography (comprizing Uranography, Geography, and Hydrography), Chronology, and Gnomonics or art of Dialling. Mixed Mathematics are divided also into Optics, from whence spring proper Optics, Dioptrics or Perspective, and Catoptrics; they are likewise divided into Acoustics, Pneumatics, and the Doctrine of Chances.—

3. Physico-Mathematics.

The Science of Nature also comprehends Particular Physics: whence issues Zoology, comprehending Anatomy, both simple and comparative; Physiology; Medicine, including Hygiena, Pathology, and Therapeutica (whence the regulation of Diet, Surgery, and Pharmacy); Farriery; Horsemanship; Hunting; Fishing; and Fowling. Particular Physics also include Physical Astronomy; Meteorology; Cosmology, branching into Uranology, Aerology, Geology, and Hydrology; Botany, including Agriculture and Gardening; Minerology; and Chemistry, comprehending Chemistry proper (whence Pyrotechny, Dying, &c.), Metallurgy, and Alchemy.

III. IMAGINATION

is the ORIGIN of

1. POETRY, both SACRED and PROFANE;

branching into

Narrative, as in an Epic Poem, Madrigal,
Epigram, Romance, &c. &c.

Dramatic, whether in Tragedy, Comedy,
Opera, Pastoral, &c. &c.

Parabolic, in Allegories.

2. MUSIC, either Theoretical, Practical,
Vocal, or Instrumental.

3. PAINTING.

4. SCULPTURE.

5. CIVIL ARCHITECTURE.

6. ENGRAVING.

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